



CALENDAR OF COMING EVENTS AT THE PANTRY

Updated August 17, 2019

*All are welcome to attend these events whether or not you are also getting food at that time.
All events/screenings are free.*

Humana Marketpoint Representatives

Michael Sylvester and Henry Bourassa will be at the pantry on Tuesday, August 20 and September 3 and on Thursday September 19 from 12-2 pm to discuss options for low cost health insurance for clients.

Nutrition Advice from Marcy of UW Extension

Thursday, August 22 and Tuesday, August 27 at noon
Marcy discusses good nutrition. She brings new recipes and ideas for using foods each month. We encourage you to ask questions and learn new ideas. Marcy's talks usually only last 10-15 minutes.

Blood Pressure Screening by Pat from Froedtert Health

Tuesday, Sept. 3 and November 12 from noon – 2 pm.
Our favorite nurse, Pat, will return every other month to give a free and confidential check of your blood pressure. No preregistration necessary.

Aging & Disability Resource Center of Waukesha County

A representative from ADRC will be at the pantry on Tuesday, September 5 from 12-2 pm to discuss the resources this organization can provide to older adults, adults with physical or developmental disabilities, and adults with mental health or substance use concerns.

United Healthcare Representative

On Tuesdays October 8, November 5 and December 3 from 12-2 pm
Garrett from United Healthcare will be answering questions about his company's healthcare insurance plans.

Flu Shots

Froedtert Health will provide free flu shots on Tuesday, October 15 from noon-2 pm.