



Falls Area FOOD PANTRY

CALENDAR OF COMING EVENTS AT THE PANTRY

Updated Dec. 6, 2019

*All are welcome to attend these events whether or not you are also getting food at that time.
All events/screenings are free.*

Blood Pressure Screening by Sheri from Froedtert Health

Tuesday, December 10 and Tuesday, Feb. 11 from noon – 2 pm.
Our new nurse, Sheri will be checking blood pressures. No preregistration necessary. You are not committing to any future treatment by participating in this.

Menomonee Falls Library card sign-up

A representative from the Menomonee Falls library will be in our waiting room on Tuesday, December 17 from 12-2 pm to allow you to apply for a library card. This will not work for the Germantown residents, but Waukesha county residents can apply. Since we will be asking you to bring your mail in order to reregister for next year for the pantry, you can use the same info to register for a library card.

FORMS OF ID REQUIRED:

- 1. Picture ID such as a valid Wisconsin Driver's License or other photo ID (examples include a Senior ID, Wisconsin ID, Student or Military ID).*
- 2. Utility bills (gas, electric, or water), bank or medical statements, car registration, or any other mail received from the US Post Office with a current date and address.*

Nutrition Advice from Marcy of UW Extension

On Thursday, December 19 at noon
Marcy discusses good nutrition. She brings new recipes and ideas for using foods each month. We encourage you to ask questions and learn new ideas. Marcy's talks usually only last 10-15 minutes.

Humana Marketpoint Representatives

Michael Sylvester and Henry Bourassa will be at the pantry on Thursday, January 2 from noon-2 and on Tuesday, January 21 from noon-2 to discuss options for low cost health insurance for clients.

United Healthcare Representative

On Tuesday, Jan 7, Feb 4, and Mar 3 from 12-2 pm
Garrett from United Healthcare will be answering questions about his company's healthcare insurance plans.

Diabetes Educator

On Thursday, January 23 during the 12-2 pm shift a Diabetes Educator from Froedtert Hospital will be at the pantry to provide screenings and information about her area of health education..